

Ready to Switch on a Greater Light?

LIFE MANIFESTO

A Master Guide for Crafting Your Personal
Vision and Manifesto for Greatness

LES PRICE





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INTRODUCTION



“Within all human beings there is an inner-calling for greatness, a desire for our soul and spirit to realise its highest destiny for this lifetime.

Through our words and decisions, we have the capacity to powerfully shape our world. Therefore, it's in the moments of our commitment and decision that our destiny is shaped.

If you've ever seen the movie Jerry McGuire starring actor Tom Cruise, then you will understand the power that a written manifesto or declaration has to re-shape our lives.

Therefore, in this guide I'm going to encourage you to take the time to delve deep within your soul and really connect with what is that you are being called and guided to do and become at the deepest essence of your spirit.

Ideally completing this process should become a sacred ritual, where you commit to spending time with your own spirit to be real, authentic and to acknowledge the inner-most dreams and desires of your heart.



“There is a seed of greatness within every person that is waiting to evolve.

Your only job is to find the strength and courage to rise beyond the fears and limitations of your past, and connect more deeply and purposefully with the great light within you.

The moment you set sail for a greater life something magical takes place within your being.

An almost magnetic catalyst with the power and presence to liberate your soul and awaken your true destiny unfolds. Every great leader knows this path well - for it is the way of the hero.

And while few muster the courage to live this life well, those that do, discover the infinite possibility of their soul.”

LES PRICE, TRANSFORMATIONAL COACH, AUTHOR AND INTUITIVE

WHY CRAFT A PERSONAL MANIFESTO?

- **IT POWERFULLY ACTIVATES VISION**

The moment that we begin to craft our personal vision for greatness, we simultaneously begin to activate our innate power to create and redefine our lives. All great creative visions began with a vision in mind, an inner imprint within our consciousness that was seeded and nurtured into being. Crafting a manifesto activates your innate capacity to create.

- **IT MAKES A POWERFUL DECLARATION**

Our words have tremendous power to shape and define our lives. When we commit to creating and crafting a higher vision for our lives, we bring form and shape to the greater consciousness and desires that exist within us. Declaring your intention in a manifesto is a powerful way to draw a line in the sand, between your past, and the world that you now want to create and bring forth.

- **IT PROVIDES CLARITY AND DIRECTION**

The main reason most people don't get what they want, is simply because they don't know what they want. Crafting a manifesto engages intention and emotion, the two fundamental energies that are needed to create change and transformation.

- **IT WILL STRETCH AND EXPAND YOU**

The power of a creative vision is that it has the capacity to stretch us beyond our limitations and what we often believe is true for ourselves. Real lasting transformation often takes places on the border between chaos and order. Crafting a manifesto and vision should therefore stretch you to become, have and experience more in your life.

- **IT WILL AFFIRM YOUR WORTHINESS OF GREATNESS**

Living and creating a life of greatness is not something you need to strive towards. It is already who you are in your being. Crafting a manifesto acts as a powerful statement of self-worth that should affirm that you are already more than worthy and capable of accepting, creating, receiving and allowing what you truly want and desire.



"It's better for you to have a "single sentence" manifesto about your life which is fulfilled than to have 25 chapters' theories about your visions that remain undone!"

ISRAELMORE AYIVOR, THE HANDBOOK OF GREAT QUOTES

HERE ARE SOME QUALITIES OF A SUCCESSFUL MANIFESTO:

- **IT SHOULD INSPIRE YOURSELF AND OTHERS**

In many ways our manifesto should have the ability to connect deeply with our own heart and to also move others emotionally. Many of the inspired visions I have helped clients create for themselves and their businesses have literally moved them to tears.

- **IT SHOULD BE CLEAR AND SIMPLE**

The best manifestos and personal vision statements are often the simplest. A few lines carefully crafted can be much more powerful than a page of superfluous text.

- **IT SHOULD CONNECT TO THE DEEPEST PART OF YOU**

Our greatness resides in the deepest essence of our soul. It is when we are doing what we love, in a way that brings joy to our lives that we are most fully alive. Therefore, your manifesto should engage your own unique genius and inspire you with hope, passion and possibility.

- **IT'S A FUTURE STATEMENT THAT SETS THE VISION FOR WHO YOU ARE BEING ENCOURAGED TO BECOME**

Your manifesto is not a statement that is grounded in the past. Instead it contains a powerful vision and picture for who you can become. Therefore, it will encourage and challenge you to step beyond what you know is possible and your current way of being, to instead expand into your full potential and possibility.

- **IT CONTAINS A DECISION AND AN ACTION**

It goes without saying that nothing in our lives will change without some form of change. Therefore, your manifesto at its core must contain a new commitment to your future self, to the potential of all that you want to be and become. Thus it will also contain a commitment to action – a shift in habit, behaviour or being that will help you step from within your comfort zone and embrace a new way of being in your world.

GUIDELINES FOR WRITING YOUR MANIFESTO

- Make sure to create some sacred space and time with your own spirit where you will not be disturbed. Ideally setting aside one hour to work on yourself.
- Remember that everything is energy. So, completing this exercise in an environment that supports and inspires you to connect with your best is essential. If you get filled energetically by being in the mountains, then you may want to get away one weekend and find some quiet space there. If on the other hand the ocean or beach is more your thing, then find sometime to visit one and then connect and write your manifesto.
- Don't aim to be perfect. While that may be hard for some people to accept, the reality is that this is a creative exercise with your spirit. There is no right or wrong. So simply give yourself permission to ALLOW your inspiration to guide you knowing and believing that whatever comes out on the page is perfect.
- Write from the heart. While it may feel natural to let your energy rise to the head and 'think' through your answers, the real truth of your soul experience is held within your heart. So when in doubt or struggling to answer a question, just go within and connect with your heart. Often the answer we have been seeking all along will be there!

“The only thing worse than being blind is having sight but no vision.”

- Helen Keller, American Author and Political Activist

YOUR CREATIVE VISION



What impact do you want to make in the next 12 months? (personally, and professionally)

Why is having this important to you?

What's your greatest fear about having this? Creating this? (i.e. your anti-intention)

“We must let go of the life we have planned, so as to accept the one that is waiting for us.”

- Joseph Campbell, American Sociologist and Mythologist

YOUR DESIRED IDENTITY



Who are you being encouraged to become?

I'm being encouraged to be ...

I'm being encouraged to be ...

I'm being encouraged to be ...

I'm being encouraged to be ...

What aspects of your 'old way of being' will you need to relinquish?

I'll need to let go of ...

I'll need to surrender my need to ...

I'll need to allow myself to release ...

I'll need to give up my old ways of ...

Who are you at your best? Your greatest?

I am ...

I am ...

I am ...

I am ...



“Work takes on new meaning when you are pointed in the right direction. Otherwise it’s just a job and life is too short for that.”

- Tim Cook, CEO of Apple Corporation

YOUR GUIDING COMPASS



For success to flow naturally, who will you need to trust and believe you are at the essence of your soul?

I am ...

I am ...

I am ...

I am ...

In order to realise your creative vision what are the 3 most important guiding values that will direct and shape your life over the next 12 months?

I am ...

I am ...

I am ...

How are you now being impressed to trust and follow your heart’s intuition and inner-most guidance?

“There is no other way to change something or someone for the better except to occupy it first. The only person you can occupy is yourself. That is why the only person who can change you for the better is you. Without your decision to change and your commitment to change, you will not change.”

- Gary Zukav, American Spiritual Teacher and Author

YOUR PERSONAL COMMITMENT



What keeps you from creating and allowing this creative vision now? What is holding you back?

What does being fully committed to your vision mean to you?

What single choice, act or decision is your soul now calling you to make to realise this vision?



“Don’t ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is people who have come alive.”

- Howard Thurman, African-American Author, Philosopher & Theologian



THE PRIZE YOU SEEK

What’s the ‘game behind the game’? i.e. What is it you are REALLY wanting from the realisation of your Creative Vision?

How will you know when you have that? What will you do, be or have?

I will ...

I will ...

I will ...

I will ...

How will having that REALLY make you feel?

I'll feel ...

I'll feel ...

Which means I'll really feel ...

READY TO SWITCH ON A GREATER LIGHT?



At The Greatness Connection, we've created a series of transformational programmes, resources and a global online community to help aspiring individuals and organisations make a BIGGER impact in the world.

Our programs help empower purpose-driven leaders with the resources and insight to help them fully awaken to their purpose, unleash their potential and stand powerfully in their light.

So, if you're ready to activate your personal vision and manifesto, and stand more fully in your light, then make contact us to organise a Coaching Discovery Session with us. Where we will work with you intuitively to connect to your life/business energy and vision, and provide you with invaluable guidance to help you move forward.

- **Gain Greater Clarity and Connection to Your Personal or Business Vision**

We will work with you intuitively at the soul-level to help you define your personal manifesto for greatness.

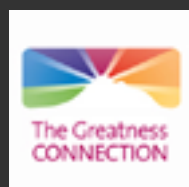
- **Identify and Eliminate the Blocks that Keep You from Success**

Help you identify any conscious, unconscious and energetic blocks that may be getting in the way of your progress.

- **Transform Your Life and Fully Activate Your Destiny**

Help you create a map and pathway for realising your personal destiny today.

BOOK YOUR COACHING DISCOVERY SESSION TODAY



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